



Carvers have teamed up with Ethical Activities to offer the chance to join us for some fun on the water this summer!

### **Who can attend?**

Young people aged between 10 - 14 years?

*We are trying to prioritise places for young people who have recently experienced some disadvantage or challenge- this could be due to family issues, financial hardship, caring responsibility, difficulty at school and so on. We are keeping that definition quite loose deliberately as recognise that young people may have experienced difficulties recently in very different ways. And we don't need to know the reason either unless there is something you need to share with us such as medical history*

### **When?**

We will be running 6 weekly evening sessions every Tuesday, over the summer holidays for you to come and join, free of charge.

### **How to get there?**

There will be limited FREE Transport from Carvers Clubhouse leaving the clubhouse and returning there for every session, departing at 17:45 and returning at 19:45  
Every session will take place at Spinnaker Sailing Club and last 1 and a half hours, led by a group of fully qualified paddlesport instructors. However, if you can get to the lake without our transport this would be much appreciated.

### **What will we do doing?**

Each week we will take to the water on sit-on-top kayaks.

During every session, you will learn to harness the skills needed to control your craft and enjoy playing games and challenges.

Taking part in this programme you will learn new skills in a social way. Focusing your energy in a positive way, gaining water confidence through physical exercise and positive environmental focus. Most importantly it will be FUN!

You don't need to be able to swim and will wear a buoyancy aid while on and around the water.

### **You will need;**

Clothing appropriate for the weather

Closed-toe shoes (no flip-flops or sandals allowed)

A towel and a change of clothes and shoes

Any medication you need. Failure to bring needed medication will result in you not taking part.

## How to sign up and book?

We are using the app SPOND for all of our communications for this summer's programme. You can use the app to register your child and complete bookings by using the following link;

<https://group.spond.com/YMPXB>

Using the Group code; YMPXB

If you haven't used SPOND before, it's a great app, which is GDPR compatible while allowing you to ask questions about activities and we can keep you updated about each session.

Every space on session is run on a first-come, first-serve, booking basis and is limited by numbers. Once the session is full you can still sign up to the session and be put on a waiting list, if anyone cancels their booking you will be added on! So keep an eye out for updates and booking descriptions.

You can book to take part in as many or as few sessions as you would like.

If you are ready to join in and book one of the sessions, click on the link above and fill in the SPOND form.

You will need to answer all of the questions on the form, so we can contact you if we have any issues, or make any changes to the sessions. i.e. Weather conditions, change in numbers for sessions, etc

One of the questions relates to the Participation Agreement that you will need to agree to. Failure to do this will result in your child not being able to attend.

This can be found here; [t.ly/wqD5](https://t.ly/wqD5)

Once you have filled in ALL of these answers you have fully completed registration and you can make a booking.



Thank you to the Keith Burgess Memorial Fund for their support to enable this to take place.